

Relaxed Concert Visual Storybook

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The Adelaide Symphony Orchestra concert is at Grainger Studio.



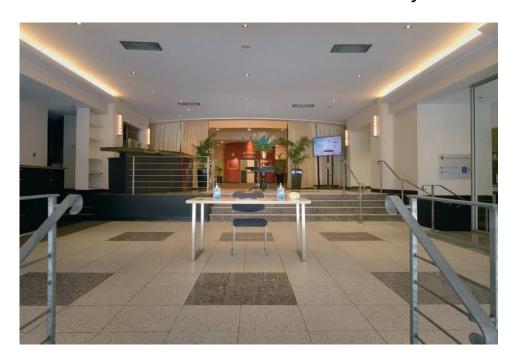




To get to Grainger Studio I might go in a car, on a bus or on a train.



When I get to Grainger Studio I will go through the glass doors to the inside area called a foyer.





There will be a table with hand sanitiser.

I will use this on my hands.

Everyone else will use it on their hands too.









I will go through the curtains to a room with arm chairs and a desk. I can sit in the chairs or the quiet spaces.



I can look at the two large staircases and the light above my head, but I cannot touch these.





There will be lots of different people coming to watch the concert like me.

I might have to do some waiting for the toilet and for the concert to start.



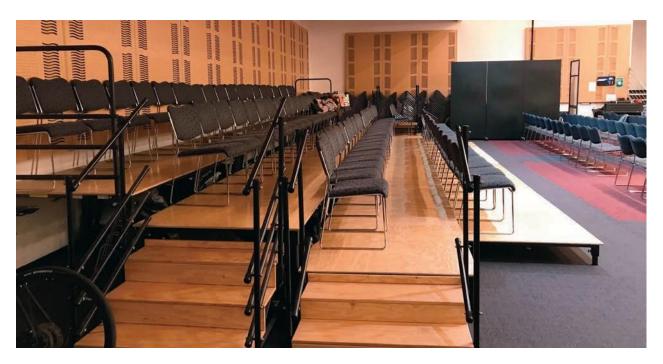
It might be noisy for me at the concert, so I can wear headphones or fidget with something to calm me down.

If I don't have any fidget toys I can go and find them in the foyer.



There will be a person at the desk.

There will be people dressed in black shirts and trousers who will take us in to our seats.





Inside the studio I will see rows of chairs.

There will be bean bags, cushions & carpets on the floor.

I can choose which one I would like, but other people will also choose so I might have to share with other people.



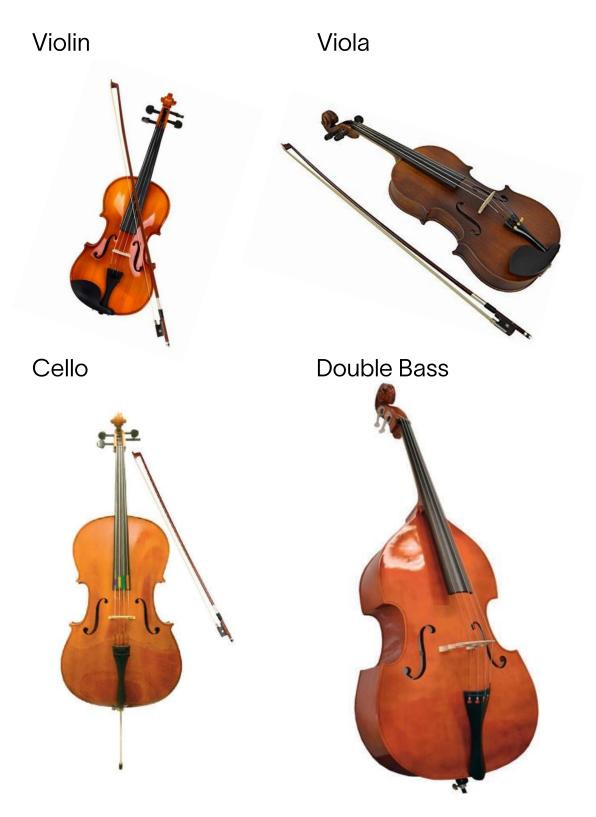
The big orchestra will be set up when I walk into the studio. They will have chairs and music stands.

I can't touch their instruments, but I can sit, look and listen.



There will be a screen for showing pictures during the concert.

I will see lots of musical instruments. The instruments I will see are:



These are the string instruments.



These are the woodwind instruments.

French Horn

Trumpet





Trombone

Tuba



These are the brass instruments.



The big round drums are the timpani.



There will be lots of other drums and percussion instruments.

I might not be able to see all the instruments when the musicians are in their chairs.



There will be a man standing at the front of the orchestra. He is the conductor.

His name is David.



A lady called Liz will introduce the concert.



Liz will have some things set up next to her that she will use during the concert.

She will pick up and use these things at different times during the concert.



At the start of the concert the orchestra will tune their instrument, making different sounds.

Some of the music might be loud.

I might like to put my headphones on to help me feel calm.

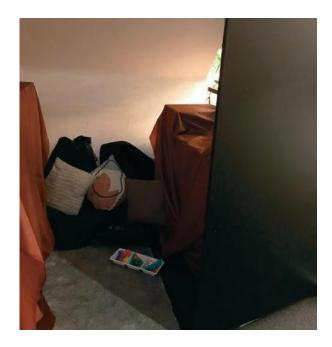
Some of the music might be fast.

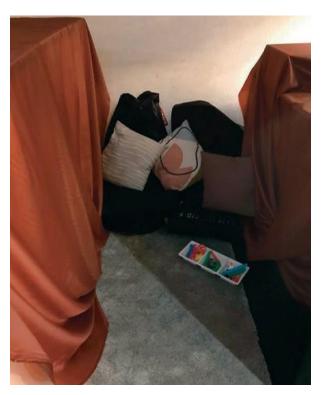


I might like to take a fidget toy to help me feel calm.

I can also borrow one of the fidget toys from the table.









I can change seats or move around during the concert.

I can go into the foyer and sit in one of the chairs or quiet spaces during the concert.



The orchestra will stand up at the end of the concert. It would be nice to clap my hands to say thank you.

Others will clap their hands too.

Some of the musicians will bring out instruments I can look at up close.



















I can have a turn at touching some of the instruments. Others will have a turn too, so I might have to do some waiting.

When the concert is over, I will leave the studio.

Everyone will be leaving too.

It will be crowded and I might need to wait to get outside again.